

## Muckross Hockey Club Junior Players Code of Conduct & Behaviour

### **I am entitled to:**

- Be safe and to feel safe
- Be listened to
- Be believed
- Have fun and enjoy hockey
- Have a voice in relation to my activities within hockey
- Be treated with dignity, sensitivity and respect
- Participate on an equitable and fair manner, irrespective of ability, disability, gender, religion or social/economic class.
- Experience competition at a level at which I feel comfortable
- Make complaints and have them dealt with
- Get help against bullies
- Say No
- Protect my own body
- Talk to the Club children's officer if I have any problems
- Confidentiality

### **I will always:**

- Treat Sports Leaders with respect, (including administrators, coaches, umpires, managers, children's officers, club officials or others in authority.)
- Look out for myself and the welfare of others
- Play fairly at all times, do my best
- Be organised and on time
- Wear appropriate club uniform to training and/or matches.
- Tell a person in charge if I am leaving a venue or competition before a training session or match is declared over
- Respect team members, even when things go wrong
- Respect opponents, and will be gracious in defeat
- Abide by the rules set down by team managers when travelling to away events, representing the club.
- Behave in a manner that avoids bringing Hockey or Muckross Hockey Club in any way into disrepute

**I should never:**

- Cheat
- Use violence or physical contact that is not allowed within the rules
- Shout or argue with officials, team mates or opponents
- Harm team members, opponents or their property
- Bully or use bullying tactics to isolate another player or gain advantage
- Take banned substances
- During events under the auspices of the Club, the LHA or the IHA consume alcohol, smoke or engage in sexual behaviour
- Keep secrets, especially if they have caused or could cause harm
- Tell lies about adults / young people
- Spread rumours
- Discriminate against other players on the basis of gender, disability, social class, religion or nationality
- Post comments on websites, email, phone messages, social media and twitter that are offending or upsetting other people